



# VOICE OF ST. JAMES'

## ST. JAMES' EPISCOPAL CHURCH

Founded December 7, 1941

**OUR MISSION:** To foster a loving and accepting Christian environment in the Episcopal tradition, where all individuals are valued and empowered to use their time, talent and resources in spreading the Good News.

The Rev'd Jeffrey H. Walker+ Interim Rector

Myra A. McDaniel, Editor

### JULY 2009

#### LESSONS FROM GEESE

*based on the work of Milton Olson*

**Fact 1:** As each goose flaps its wings it create an “uplift” for the birds that follow. By flying in a “V” formation, the whole flock adds 71% greater flying range than if each bird flew alone.

**Lesson:** People who share a common direction and sense of community can get where they are going quicker and easier because they are traveling on the thrust on one another.

**Fact 2:** When a goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it.

**Lesson:** If we have as much sense as a goose, we stay in formation with those headed where we want to go. We are willing to accept their help and give our help to others.

**Fact 3:** When the lead goose tires, it rotates back into the formation and another goose flies to the point position.

**Lesson:** It pays to take turns doing the hard tasks and sharing leadership. As with geese, people are interdependent on each other's skills, capabilities, and unique arrangements of gifts, talents, or resources.

**Fact 4:** The geese flying in formation honk to encourage those up front to keep up their speed.

**Lesson:** We need to make sure our honking is encouraging. In groups where there is encouragement, the production is much greater. The power of encouragement (to stand by one's heart or core values and encourage the heart and core of others) is the quality of honking we seek.

**Fact 5:** When a goose gets sick, wounded, or shot down, two geese drop out of the formation and follow it down to help and protect it. They stay with it until it dies or is able to fly again. Then, they launch out with another formation or catch up with the flock.

**Lesson:** If we have as much sense as geese, we will stand by each other in difficult times as well as when we are strong.

#### SEARCH COMMITTEE NEWS

Last month the Search Committee met with Mary MacGregor from the Diocese of Texas. Mary is the Director of Leadership Development for our Diocese and she facilitated an afternoon session in which we received S.T.A.R. training. The elements of this star include situation, task, action and results and the training is designed to assist Search Committees in our Diocese as they undertake the arduous tasks of finding Rectors. We enjoyed our visit with Mary and we are grateful to her for spending this time with us. Please keep Mary in your prayers as she travels around the Diocese doing this important work.

Recently, we assigned three new candidates to subcommittees for initial interviews. We are expecting at least three other candidates to submit materials to the Committee within the next few weeks and if all goes well, we will conduct initial interviews with those individuals very soon thereafter.

We are still working on finding a convenient time to meet with folks from the 1:00 p.m. service to hear input from members who regularly attend church at that time. As a reminder, if any other group or specific ministry would like to visit with the Committee, please let me know as soon as possible so we can hear from you as well.

This July marks the first anniversary of the formation of the Search Committee. This time last year I had

hoped that the work the Committee would be over by now and that the Vestry would have already called a new Rector. I won't try to hide my disappointment that my dream hasn't been realized but I want everyone to know that I am convinced that we will find the right Rector for St. James'. I continue to dream big! I ask for your patience and for your continued prayers and well wishes for the work of the Committee.

Respectfully, Lora J. Livingston,  
Search Committee Chair

### EAST AUSTIN WELLNESS INITIATIVE

Making Healthy Lifestyle Changes

*Submitted by Asia McMullin - Dietitian*

#### The Beginning...

Pick up a newspaper or listen to the headlines in the news, medical costs are rising. We at St. James' want to make a difference in the community and provide useful nutrition/health related information to guide individuals in the right direction for building a strong immune system and developing a healthy lifestyle. The majority of medical diseases that exist today could be prevented by proper diet and exercise. The problem is, too many people are unaware of what changes they need to be making, or they do not make living a healthy lifestyle a priority. We at St James' are here to emphasize how important it is. We don't want you to be the next YOU, the next statistic. So let's get started on making those gradual changes. This is one of many articles that will help put you on the path to living a healthy lifestyle.

First, make a commitment to yourself that you will start making permanent lifestyle changes that promote a healthy lifestyle. Next, we need to start to identify dietary habits that are unhealthy and promote medical diseases. Let's start with eating out. How often do you eat out? Because so many of us today are rushed to be everywhere, we rely on dining out way too much and especially fast food!! Fast food is mainly pure junk, that is why it is usually so cheap, the ingredients are poor quality and contain lots of saturated fats, cholesterol; little, if any, fiber or nutrients, and mainly processed with lots of fillers.

Look at some facts:

	<u>Estimated Calories</u>	<u>Fat Grams</u>
• Hamburger single w/cheese/mayo	600-700	35-40
• Fries – small	340	15-20
• Pizza -1 slice cheese/pepperoni	325	20
• Taco/Burrito	370	20
• Fried Chicken breast	370	15
• Soda (pure sugar) 8oz	100	0

Better choices: (truthfully there is not a whole lot)

	<u>Estimated Calories</u>	<u>Fat grams</u>
• Turkey sandwich on wheat bread/ vegetables/no cheese/low fat honey mustard	350	6
• Chick Filet Grilled Chicken Sandwich	350	7
• Side Salad –fresh vegetables/ low fat dressing on vinaigrette		
• Grilled Chicken Salad - fresh vegetables, grilled chicken or turkey breast	50	6

\*light salad dressing on the side or vinaigrette

\*NOTE: beware of salads with: bacon, cheese, croutons, sour cream, ham, salad dressings

So, you can begin by limiting eating out, especially fast food, to 1-2 times per week. Yes, this may be hard, but in the long run you will probably be cutting 30-50g fat/800-1200 calories per day out of your diet, and even more importantly, cutting out lots of processed foods that are harmful to your body. Now this means you will have to do some preplanning. Grocery shop, keeping in mind, you need enough food for lunches and dinners. Fresh foods are always best, avoid boxed foods, they contain more chemicals, fats, salt, sugars...all the enemies of the body.

Look for next month's newsletter article for continuing education on this topic.

Be sure to check the calendar (<http://www.mychurchevents.com/calendar>) for upcoming nutrition classes, we will be holding classes that deal with this exact subject: making healthy lifestyle changes. We also have nutrition counseling available (3 sessions /\$12 contact Asia McMullin, [austintime4dinner@yahoo.com](mailto:austintime4dinner@yahoo.com) for more information) to help with one on one or family counseling.

### **ST. JAMES' DAY IS JULY 26**

St. James' Day, the day that we honor our patron saint, will be held on Sunday, July 26. The combined service is scheduled at 11 a.m. On the 26<sup>th</sup>, all four Sunday services worship as one congregation. We encourage members to wear red.

The service will be followed by a Barbecue luncheon. **Please place the 26<sup>th</sup> on your calendar!!!**

### **SNAPSHOT**

St. James' is blessed with its own Adam and Eve, or in this case, Adam and Eva, who joined the congregation in early 2008 and are members of the 8 A.M. service.

Eva Garza-Nyer and her husband Adam Nyer were prepared for marriage by Fr. Bill Adams and married by Fr. Jeffrey Walker over a year ago. Eva is from Laredo and a UT graduate and Adam is an Austinite who earned his degree from Purdue. When they were considering marriage, Eva began searching for a church that would be the right place for them. Because each had different religious backgrounds, finding a church community that could be a spiritual home to them both was very important to Eva. They first came to St. James' during the last months of Fr. Greg Rickel's leadership, Eva being drawn to the church's diverse, multicultural community. About their first visits to St. James', Eva says with feeling, "I've never felt so welcome at any institution anywhere."

While Adam works as a construction engineer for a Housing and Urban Development housing project, Eva is on a fast track to earn a doctorate in Community College Leadership Development at UT, a program in which the university excels nationally. For much of the year, she is also a college counselor at Austin High School, and previously at Bowie High School. About her future career goals she says, "I don't think my position exists right now, but I want to be working with first generation college students," many of whom begin their college careers at local community colleges.

Eva's studies are partially supported by the Jovenes Episcopales College Scholarship Fund, coordinated by Fr. Jaime Case, Executive Director of the Center for Hispanic Ministries of the Episcopal Diocese of Texas, and Jack Robertson, a member of St. James'. The Fund participates with the Hispanic Scholarship Consortium, a collective of grassroots organizations across Central Texas that, through financial assistance and mentoring, helps Hispanic students get into and succeed in college.

Jack Robertson says of Eva that she is the first person applying to the consortium that met all of its criteria. He adds, "She is such a sterling candidate that we are very happy to be supporting her PhD program."

Eva embraces her membership in St. James' wholeheartedly. She has invited their friends to join them on Sundays, but admits, "no one wants to get up at 7!" Though she's not as active in the community as she would like to be, given her demanding school and work schedule, she promises, "Give me one year and I'll have the time to get more involved."

We look forward to that, and in the meantime, we pray for God's blessings on Eva and Adam in their work and studies and on their deepening relationship with one another and with the community of St. James'.

Karen Bordelon Hartwell

### **BUENOS DIAS # 20:**

#### **UPDATE: RELIABLE WORKERS AT YOUR SERVICE**

For the past two months we have printed this announcement for workers. Churches and St. James' members have hired the workers on 22 jobs – including work at St. Matthew's, St. James', St. Alban's, St. Phillip

the Joy Giver, and 18 private homes. Ten men and women have earned money to hold up the roof and stock the dinner table. Muchas gracias St. James'.

TELEPHONE: Enrique Carbonell 386-7814 (Spanish), Jesus Ramirez 386-7814 (Spanish), Oscar Ponce 351-7501 (Spanish and English), Jack & Susan Robertson 453-4115 (Spanish and English).

We will work all the jobs for your Spring and Summer Cleaning-- *garden and yard trim and landscaping, leaf clearance, clean buildings inside and out, move furniture, paint interiors. \$50 per day for 6-7 hours + lunch.*

The self-help group named **Soadores Animos (Dreamers Anonymous)** knows these workers. They seek work, not a handout. Several regularly attend the Spanish-language church service each Sunday at 1 p.m. at **St. James' Episcopal Church**. When you have work to offer, please call to make arrangements. You'll never again need to visit the day-work sites to hire unknown people.

Jack Robertson

## ST. JAMES' PLAYGROUND MEET UP

For folks at St. James' whose kids enjoy playgrounds, come enjoy some time outside with fellow St. Jamesians.

Sunday, July 26, Zilker Park Playground, 3-5 p.m. Future dates and locations to be determined. Questions, thoughts, suggestions? [lizziecainclark@gmail.com](mailto:lizziecainclark@gmail.com)

## ST. JAMES' EPISCOPAL SCHOOL

On Wednesday, June 3<sup>rd</sup>, we held our Closing Ceremony in the sanctuary of the church. The children sang beautiful songs in multiple languages (Zulu, Kikuyu, Spanish, English, sign language) and recited the Lord's Prayer proudly and well. We also had a fabulous speaker.

When I first began at St. James' Episcopal School in 2002, we had a talented, active, bright three year old enrolled named Franklin Johnson. Franklin loved music and drumming. He worked hard in the classroom with the Montessori materials and enjoyed playing with his friends. But there were times when life's burdens got to be a little heavy for his young shoulders. I can recall Franklin crying in my office saying, "I'm having a really bad day!!" Since I definitely empathized with his frustration, we both worked hard to turn that around for him. There were numerous frustrating occasions during Franklin's attendance at St. James'. He did learn to deal with life's vagaries in a more balanced way by the time he left us for first grade. However, I have remembered with great affection and sympathy his clear enunciation of concern.

At our Closing Ceremony, Franklin stood in the church and delivered his thoughts to the staff, parents, grandparents, friends, and children of St. James' School. He stood poised and confident, having just finished his sixth grade year at St. Stephen's Episcopal School and spoke to us about the importance of St. James' and the strength of his present school situation. He said, *St. James' helped me have a strong foundation in school. It helped me learn how to talk with teachers and have good social skills. It gave me the confidence that I needed because of how the teachers were so supportive, and confidence is something you need to succeed in life. It helped me get used to routines, but at the same time be able to adapt when things change. St. James' taught me how to work independently as well as in group settings. St. James' also gave me a love of learning and reading.*

*St. James' challenged me by how it made me think outside of the box, which doesn't always happen in elementary or middle school, but learning how to think like this paid off greatly. It made me stand out in comparison to others, which we all know can make all the difference when looking for a job.*

*[Being at St. Stephen's] has made me more humble and helped me to prioritize better. I feel comfortable talking about any topic – from who has the highest score on the arcade game to the Pythagorean Theorem. We're always learning new things. The one absolute that I just love about my school (St. Stephen's) is how we're able to learn from one another. And this is how it all comes back to St. James'. I learned that no matter what, we all had something to learn from one another. We all had something to give back to one another –our school, our neighborhood, our community and to St. James' Episcopal School."*

As far as I was concerned, Wednesday, June 3<sup>rd</sup> was a very good day, one I was proud and privileged to share with a remarkable young man!!

Glennie Burgess, Head of School

## YOUTH ACTIVITIES

Journey to Adulthood (J2A) has finished another exciting season. We will return in September 2009. However, in the meantime, there will be some Episcopal Youth Community (EYC) activities throughout the

summer. For information about upcoming activities, please contact Lisa Braithwaite at 512-576-9595 or [lcbraith@aol.com](mailto:lcbraith@aol.com).

### **HOUSEKEEPING CORNER**

**CHANGES IN ANNOUNCEMENTS FOR LEAFLETS AND E-NEWS.** Please bring, email or fax all announcements to the church office by **5 p.m. on TUESDAY** for inclusion in the back of the Sunday service leaflet and in the Enews. Fr. Hugh Craig has retired from doing the E-news, so he no longer needs to receive announcements. The church phone number is 926-6339, the fax number is 928-1489 and the email address is [office@stjamesaustin.org](mailto:office@stjamesaustin.org).

Verbal announcements must be given at all four Sunday services. If the request is for the clergy to make the announcement, provide a copy prior to Sunday morning.

The office hours at the church are Monday through Thursday 9 a.m. to 5 p.m.; Friday 10 a.m. to 5 p.m.

### **CHRISTIAN FORMATION PROGRAMS FOR CHILDREN Summer Sundays**

Join us Sundays through August 23 for a summer safari. We will watch videos, cook or do an art project each Sunday in the Purple Winona Miles Building, (also known as the Game Reserve) from 10:15 a.m. to 11:15 a.m. The Playground will be monitored beginning at 9:45 a.m.

Mila Jackson, Director of Christian Formation

### **SUNDAY MORNING ADULT PROGRAMS**

There will be no adult forums in July. We are taking a break and will resume forums in August when some of the choir members can participate. Please keep an eye open for our new season which will start in August.

Thank you for your support, Susan Gezana

### **MONDAY NIGHT ADULT PROGRAMS**

The Intercessory Prayer Group meets each Monday night at 6 p.m. at the Church and is open to all who wish to pray for others with a group of people. Please feel free to come and join us at the Church.

The Seekers is a forum for St. James' members that have the desire to expand their hearts and minds and to share their ideas and reflections about faith with each other. We have guest speakers of DVD's on a variety of spiritual topics followed by group discussions. We meet on the third Monday of each month from 7 to 8:30 p.m. at the Seminary of the Southwest. For more information on The Seekers, contact Sharon Elmore at 928-0475 or [sharonelmore@austin.rr.com](mailto:sharonelmore@austin.rr.com).

### **TUESDAY NIGHT ADULT PROGRAMS**

The next meeting of Phenomenal Women, St. James' monthly gathering of women of the church and their friends, will be held on Tuesday, July 14, at 6:30 p.m. We will have a light potluck supper followed by a discussion period. Reminder announcements about the meeting will appear in the weekly St. James' e-newsletter and the Sunday announcements as we get closer to the date!

In our busy and growing church, Phenomenal Woman is a nurturing place to more deeply connect with and support each other as we travel on our spiritual paths. No matter the topic chosen by the host each month, the evening always seems to bring spiritual inspiration and deeper friendships and connections.

We meet the second Tuesday of every month at 6:30 p.m. Our meetings range from intimate groups of 8-10 to sometimes larger gatherings of 15-20 women, just depending on the month. It is not necessary to attend every time, or to have done any pre-reading, so please join us as you are able. Our official Mission states that we are a "ministry developed to bring together women in a safe space, to provide dialogue and support as we strengthen our spiritual relationships with self and others on a mission to living our lives as fully expressed children of God."

For more information about the group or to be added to the Phenomenal Woman email list, please contact Colleen Waller at [phenomenal@stjamesaustin.org](mailto:phenomenal@stjamesaustin.org) or 401-3985. Specific directions to host's homes are sent out prior to the meeting to the Phenomenal Women email list and others who would like to come, as requested.

All women of St. James' and their friends are invited to join Phenomenal Woman meetings that are held on the second Tuesday of every month. We gather at a rotating list of members' homes and begin with a light potluck supper followed by a program led each month by the host.

Please join us for an informative evening and fellowship and bring a dish to share as you are able. For

more information and specific directions for this month's meeting and to RSVP, please email Colleen Waller at [cwaller@austin.rr.com](mailto:cwaller@austin.rr.com) or call 401-39085.

### **WEDNESDAY NIGHT ADULT PROGRAMS**

The Voltrons—the 20's and 30's group at St. James: enthusiastic, educated, motivated and excited about *you* joining us for weekly discussion! Our discussion topics cover a range of perspectives, including theological, political, socio-cultural, economical and practical. We meet every Wednesday night from 8-10 p.m. at a member's home.

Our meeting location varies by month. Additional information can be viewed on our website: [www.voltrons.pbwiki.com](http://www.voltrons.pbwiki.com). For more information please contact Ryan Parks (791-6998) or [voltrons@stjamesaustin.org](mailto:voltrons@stjamesaustin.org).

### **ST. JAMES' MOBILE LOAVES AND FISHES IS IN NEED OF HELPING HANDS ON SATURDAY, JULY 18th**

Mobile Loaves and Fishes (MLF) is a monthly St. James' outreach and ministry to our homeless brothers and sisters in Austin and we need helping hands and hearts on Saturday, July 18th. We begin at 9:30 a.m. when we make sandwiches and load the mobile canteen with food, fruit, snacks and other refreshments. Those who are able can also help deliver and serve the food and other refreshments from the canteen to needy men, women and families in downtown Austin. We usually finish between 11:30 a.m. and noon. Summer means that many of our "regulars" are on vacation, so we need lots of extra help. This ministry is evidence of the many ways that our Lord has anointed us to be a blessing to others, especially the most needy and vulnerable among us. For more information or to let them know they can count on you to help, please contact Erik and Kathy Kwiecienski, St. James' lead ministers of this community service, at [kathykski2005@yahoo.com](mailto:kathykski2005@yahoo.com) or by phone to 512-431-1530.

MLF is located at 903 South Capital of Texas Highway (360) - on the grounds of St. John Neuman Church. The Mobile Loaves and Fishes building is on the east side of Capital of Texas Highway between Lost Creek Blvd. and Las Cimas Blvd (look for the historic marker sign). Las Cimas Blvd is the next intersection south of Bee Caves. If you are able to bring clothing (especially men's large and extra large cotton knit shirts and T-shirts, white tube socks, gym shoes, sweaters, coats) or toiletries, these are always very needed and appreciated.

Madeline Rae Gill

### **E-GIVING**

*Credit cards\debit cards and automatic draft now available on St. James' website!!!*

We have added the capability to our website for the use of credit and debit cards and setting up automatic drafts from your bank accounts to the church accounts. When you go to our website, [www.stjamesaustin.org](http://www.stjamesaustin.org), you will see the "Egiving" link under the Members tab that is on the home page. If you have not "signed in", you will be required to create a user name and password. After you have "signed in" you will be taken to the eGiving Main Menu, which lists many options.. From this list you can select, "Go to my organization's E-giving Transaction page." There you will be shown the various funds you can donate to. There is one blank space to add in whatever fund you would like it to go to, such as Jazz at St. James', Trinity Center, Capital Campaign. This information, but not your card number, etc. is provided to us on a weekly basis and then we distribute it to the appropriate place and record it in your contributions summary.

You are given the option to do a one-time donation or set up a recurring one. For those interested in setting a set amount and forgetting about it, this option is a good one. Another way to do this is through your online banking, most online banking services can do the same thing; many people at St. James' do this already.

While we are very happy to provide this convenience to you we also strongly discourage using credit cards for amounts you cannot pay off in that month. Credit is a dangerous game in our society right now, please be careful with it! If you have technical questions contact our webmaster, Margaret Listberger. Please let her know any problems you have.

### **ODDS & ENDS**

**Office Closed** for July 4<sup>th</sup> holiday, Friday July 3.

**Dinner and a Movie**, Saturday, July 18, 6 p.m in Founders' Hall. Join us for a relaxed, fun-filled evening! All are welcome. See the Sunday bulletin or call Mike Murray (472-5192; [mmurray8@austin.rr.com](mailto:mmurray8@austin.rr.com)) for more info.

**Vestry Meeting**, Sunday, July 26, 8 a.m.

**African Dance Camp**, July 27 through 31, 11 a.m.

**St. James' School Board**, Wednesday, July 29 5:30 p.m.

## ST. JAMES' MAILBAG

*Dear St. James' Family,*

*I hope all is well back in America! I'm having a wonderful time here in Denmark and I have you all to thank for that! This town is so beautiful and full of history. I love walking the cobblestone streets and looking at the beautiful architecture. It's a little chilly here, even though it's summer. I must admit, I miss the hot Texas weather. I hope to see all of you soon and tell you more about my time here.*

*Gld Bless! Kaerlig Hilsen! Cherie Obilom*

### ST. JAMES' THE APOSTLE (the Greater)

James the son of Zebedee and his brother John were among the twelve disciples of our Lord. They, together with Peter, were privileged to behold the Transfiguration, to witness the healing of Peter's mother-in-law and the raising of the daughter of Jairus, and to be called aside to watch and pray with Jesus in the garden of Gethsemane on the night before His death.

James and John were apparently from a higher social level than the average fisherman. Their father could afford hired servants, and John (assuming him to be identical with the "beloved disciple") had connections with the high priest. Jesus nicknamed the two brothers "sons of thunder", perhaps meaning that they were headstrong, hot-tempered, and impulsive; and so they seem to be in two incidents reported in the Gospels. On one occasion, Jesus and the disciples were refused the hospitality of a Samaritan village, and James and John proposed to call down fire from heaven on the offenders. On another occasion, they asked Jesus for a special place of honor in the Kingdom, and were told that the place of honor is the place of suffering.

Finally, about AD 42, shortly before Passover (Acts 12), James was beheaded by order of King Herod Agrippa I, grandson, of Herod the Great (who tried to kill the infant Jesus), nephew of Herod Antipas, and father of Herod Agrippa II (who heard the defence of Paul before Festus—Acts 25). James was the first of the Twelve to suffer martyrdom and the only one of the Twelve whose death is recorded in the New Testament.

James is often called James Major (=greater or elder) to distinguish him from other New Testament persons called James. Tradition has it that he made a missionary journey to Spain and that after his death his body was taken to Spain and buried there at Compostela (a town the name of which is commonly thought to be derived from the word "apostle", although a Spanish-speaking list member reports having heard it derived from "field of stars", which in Latin would be *Campus Stellarum*). His supposed burial place there was a major site of pilgrimage in the Middle Ages, and the Spaniards fighting to drive their Moorish conquerors out of Spain took "Santiago de Compostela!" as one of their chief war-cries. (The Spanish form of "James" is "Diego" or "Iago". In most languages, "James" and "Jacob" are identical. Where an English Bible has "James", a Greek Bible has *Iakwbos*.)

Some have asked why, in Spanish, the words for ST. James are San Santiago. So, here goes, the Greek *iakobos* went into Spanish both as Jaime (like Italian Giacomo) and as Diego. Santiago is the conflation of San Diego. You could use San Diego, but the traditional patron saint of Spain, St. James is Santiago in Compostela!

### LIFE LESSONS FROM NOAH

1. Don't miss the boat.
2. Remember that we are all in the same boat.
3. Plan ahead. It wasn't raining when Noah built the Ark.
4. Stay fit. When you're 600 years old someone may ask you to do something really big.
5. Don't listen to critics; just get on with the job that needs to be done.
6. Build your future on high ground.
7. For safety's sake travel in pairs.
8. Speed isn't everything. The snails were on board with the cheetahs.
9. When you're stressed, float a while.
10. Remember the Ark was built by amateurs, the Titanic by professionals.
11. If you can't fight or flee—float.
12. Take care of your animals as if they were the last ones on earth.
13. When the doo-doo gets really deep, don't sit there and complain—grab a shovel.
14. Stay below deck during the storm.
15. If you have to start over, have a friend by your side.
16. Remember that the woodpeckers INSIDE are often a bigger threat than the storm outside.
17. When you're stressed, float a while.
18. No matter the storm, when you are with God there's always a rainbow waiting.

Taddled, Anglican Digest, Nov. 2006

### **Anglican Cycle of Prayer**

**Week of July 5**--In the Anglican Cycle of Prayer, we give thanks for the church in Phulbani (North India). We give thanks for all in our community and this week we give thanks for Brian and Shannon Szymczak, Jillian May; Michael Taborn; Pat Taggart; Simone Talma Flowers; Maria Tamez, Abel.

**Week of July 12**--In the Anglican Cycle of Prayer, we give thanks for the church in Portsmouth (Canterbury, England). We give thanks for all in our community and this week we give thanks for B.J. Taylor; Brian Taylor; Jeffrey and Janell Taylor; James Teems and Elizabeth Spear; Jenny Therkelsen; Robert and Amy Thomas.

**Week of July 19**--In the Anglican Cycle of Prayer, we give thanks for the church in Raiwind (Pakistan). We give thanks for all in our community and this week we give thanks for Brenda Thompson; Lee Thomson; Cheyenne Tiera; Steven Tomlinson and Eugene Sepulveda; Melinda Townsel and Gregory Dunn.

**Week of July 26**--In the Anglican Cycle of Prayer, we give thanks for the church in Rhode Island (Province I, USA). We give thanks for all in our community and this week we give thanks for Theresa Turner; Jacqueline Tuttle; Margaret Townsend; Baron and Ashley Unbehagen, John, Samantha; Bill Van Auken and Retta Kelley Van Auken.

And please remember in your prayers this month, St. James' School, Round Rock Medical Center, Huston-Tillotson University, the Seminary of the Southwest. Pray for all in our armed forces, for those who mourn, for the unemployed and for our enemies.

### **PRAYER**

*“An Outline of the Faith, commonly called the Catechism” found on pages 856-857 in the Book of Common Prayer describes seven forms of prayer. Listed below are those persons who have requested (or someone has requested on their behalf) intercessory prayer.*

Please pray for: James Ashwood, Sr., Mrs. Wayne Kelly, Cynthia Clarke, Mildred Lawson, Dorothy Collins, Ed Horn, Will Clark and his family, Margie Nell Williams, Janice Boyd, Tina Marsh, Daniel Reber, the family of Sylvester Grady, Halle Brent, Mary Edelen, Martha Frede, Debra, Keaton Hamm, Dorothy Griffin, Debra Moore, Mimi, Bertha Malone, the family of L.T. Berry, Enid and Violet, Sandra Grimes, Christie Knowles, Margaret Listberger, Bill Ikard.

Wanda Hinton, James Sellers, Chioima Okoro, Joe Snyder, Kevin Talma, Cathy Whatley.

*Pray without ceasing for the Vestry and for the health, strength and spiritual growth of the St. James' family. Prayer time is 9 a.m. Pray wherever you may be.*

### **TO GOD BE THE GLORY**

## **Ven a La Mesa de Bienvenida**

### **Los Valores Nucleares de La Iglesia San Santiago, Austin, Texas**

La Iglesia San Santiago es una comunidad cristiana cariñosa y animada llamada por nuestro Señor Jesu Cristo para amarnos unos a otros, para dar la bienvenida a todos y para proclamar El Evangelio de servicio a las necesidades del mundo en cual vivimos. La vida de la parroquia esta centrada en la tradición de adoración Episcopal.

#### **La Herencia**

*“La piedra que les constructores despreciaron se ha convertido en la piedra principal.” Salmo 118:22, San Mateo 21:42, San Marcos 12:10, San Lucas 20:17*

Nosotros tenemos mucho cariño, afirmamos y continuamos el patrimonio Afro-Americano. Recordando que La Iglesia San Santiago fue iniciada por Episcopales negros quienes no fueron bienvenidos en las iglesias de los blancos en Austin, luchamos por ser una iglesia donde todos los hijos y las hijas del Señor puedan participar en la adoración con un espíritu de aceptación amorosa.

## **Bienvenidos**

**“Dondequiera que usted esté en su camino de fe, usted es bienvenido a esta mesa.”**

Escuchamos estas palabras en cada Eucaristía y buscamos vivirlas cada día con el respeto que mostramos los unos a otros. Dondequiera que tu estés tu eres bienvenido aquí. Este es un lugar para todos en la mesa de San Santiago. Que es la mesa de Dios.

Trabajamos para practicar un ministerio de hospitalidad radical en donde intencionalmente somos incluyentes, respetuosos, dando bienvenida y nutritivos. San Santiago proporciona un lugar santo y seguro donde podemos tener conversaciones agradables sobre temas difíciles; donde nos apoyamos unos a otros en nuestra vida de fe; donde estamos abiertos para encontrar maneras nuevas para cumplir la voluntad de Dios.

## **Adoración**

Nuestros tiempos de adoración están llenos de gozo. Valoramos nuestra maravillosa, espiritualizada y variada música. Apreciamos las expresiones creativas en la liturgia y las artes. Valoramos predicaciones buenas. Buscamos que las maneras de adoración sean una experiencia nutritiva para los niños y las niñas.

Nuestras celebraciones de Eucaristía son variadas para cumplir las necesidades de nuestra congregación, incluyendo nuestra comunidad que habla español.

Vamos adelante en el mundo, regocijándonos en el poder del Espíritu. ¡Aleluya!

## **Mayordomía Como Servicio**

Dios nos llama a ser fieles mayordomos de nuestro tiempo, talento y recursos.

Como una comunidad, tenemos un compromiso fuerte con la formación cristiana de los niños, jóvenes y adultos; de cuidado pastoral; y de proporcionar una experiencia multicultural.

Nuestros ministerios van desde programas realizados dentro del campo de la iglesia, así como la Escuela de San Santiago y La Iniciativa de Salud en el este de Austin; hasta nuestra colaboración con el Hospital Ali Arab en Gaza.

Valoramos nuestro papel para nutrir y ayudar en la formación de seminaristas del Seminario Teológico Episcopal del Suroeste,

## **La Diversidad**

Nos regocijamos en nuestra diversidad de San Santiago. San Santiago proporciona una oportunidad para cada uno de nosotros en compartir nuestra adoración Episcopal con personas que son diferentes a nosotros y creemos que somos bendecidos por esta experiencia. Oramos porque nuestra comunidad que es diversa y cariñosa pueda ser una guía de esperanza y gozo anticipado del Reino de Dios.